

**EXPERIMENTAL
SOUND
WORKSHOP**

Mon 4th Feb

**Ali Robertson
from Usurper**

AM: Group workshop
PM: One to ones for people who don't do groups

One of the things you wanted in this programme was imaginative ways you can use sound.

We've invited Ali Robertson from Usurper - an experimental music duo who use voice, electro and acoustic sound to create something completely different.



Usurper experimental music practice will feature at Counterflows - an international festival of music in Glasgow April 2019

**TACTILE
SOUND**

**13th or 14th Feb
or 21st Feb**

Tim Lane

AM: Group workshop
PM: Group workshop

You said that music and percussion are activities which are important to Cherry Road users, that you as a staff team want to utilise more.

This full day of workshops will allow small group and one to one workshops for people and staff motivated to use rhythm and sound.



Tim is a professional musician with Hidden Orchestra. He specialises in using music as a form of communication and interaction.

**FERAL
CHOIR**

Feb 19th

Jim Colquhoun

AM: Group workshop
PM: Group workshop

You said you wanted more opportunities for people to be involved in making sound together.

Jim Colquhoun will run a full day of workshops encouraging the surreal, the sublime, the extroverts, the introverts to join in on frivolous hilarity of collective sound making.



Jim's own work when he's not running sensory workshops focuses on surrealism, unexpected sound journeys into a different world.

**DANCE
WORKSHOP**

Wed 27 Feb

Alex McCabe

AM: Group workshop
PM: One to ones for people who don't do groups

You wanted more opportunity for people with mobility issues to be able to dance, especially wheelchair users.

We've invited Alex McCabe, a dancer and choreographer to work with users and staff who love to move. This workshop is especially targeted to those who have limited opportunity to dance.



Alex is a Glasgow-based performer, and choreographer who works towards broadening access to dance and music.

**ALTERNATIVE
MOVEMENT
WORKSHOP**

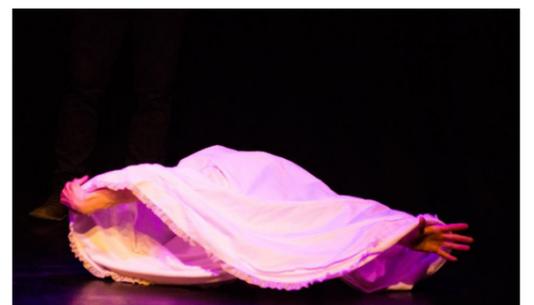
**Mondays
4th and 11th March**

**Suzi
Cunningham &
Linda Payne**

AM: Group workshop
PM: One to ones for people

You said that movement and dance are important elements of the programme, especially for people with higher support needs.

We've invited two dance and performance artists to work with staff and users to bring new value to natural movement



Suzi Cunningham is a national and international dancer with an interest in natural movement for expression and wellbeing.

**HAPPINESS
&
WELLBEING
WORKSHOP**

**DATES TO BE
CONFIRMED**

Ed Reid

AM: Group workshop

You said that it would be good to support people's wellbeing and confidence in themselves.

We've invited Ed Reid, beloved Scottish celebrity and happiness guru to create something meaningful for Cherry Road users. Ed's background in learning disability is extensive, and he's excited to bring this workshop to Cherry Road.



Ed Reid's career started in profound learning disability and has ended up via Britain's Got Talent to Scottish celebrityhood, singer, journalist and now happiness coach.